MetLife

www.metlife.com/mybenefits

You Can Benefit from MyBenefits

MyBenefits provides you with a personalized, integrated and secure view of your MetLife-delivered benefits. You can take advantage of a number of self-service capabilities as well as a wealth of easy to access information including planning tools and oral health awareness material.* MetLife is able to deliver services that empower you to manage your benefits. As a first time user, you will need to register on MyBenefits, requiring you to follow the steps outlined below.

Registration Process for MyBenefits

Provide Your Group Name

Access MyBenefits at www.metlife.com/mybenefits and enter your group name and click 'Submit.'



The Login Screen

On the Home Page, you can access general information. To begin accessing personal plan information, click on '**Register Now**' and perform the one-time registration process. Going forward, you will be able to log-in directly.

*Available only to dental benefits participants.

Step 1: Enter Personal Information Enter your first and last name, identifying data and e-mail address.

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Create Your Profile.	It's Simple and Secure.	😵 Important Message
Step 1: Personal Information		In order to regester for MyDenefits you will need to
First Name:		stovide us with your personal information.
Last Name:		
Social Security Humber:		
Date of Birth:	month 🛩 day 🛩 year 🛩	
Email Address:	Mhy do no all for your small addres?	
Confirm Email Address:		
Step 2: User Name and Passwo	rd	
🔲 Use the above email addr	665 36 10301 10301 6 336	
User Name:		

Step 2: Create a User Name and Password

Then you will need to create a unique user name and password for future access to MyBenefits.

The User Name and Password requirements may vary by company setup. General setup includes a User Name between 8-20 characters, containing at least one letter and one number, and a password between 6-20 characters, containing at least one letter and one number.

Step 3: Security Verification Questions

Now, you will need to choose and answer three identity verification questions to be utilized in the event you forget your password.

Step 4: Terms of Use

Finally, you will be asked to read and agree to the website's Terms of Use.

Step 5: Process Complete

Now you will be brought to the "Thank You" page.

Lastly, a confirmation of your registration will be sent to the e-mail address you provided during registration.

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